

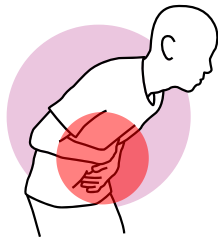
CELIAC DISEASE: FACTS & FIGURES

WHAT IS CELIAC DISEASE?

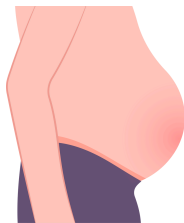
- Celiac disease is a **genetic autoimmune disease**, meaning it's passed down through your family.
- An estimated **1 in 100** people worldwide have celiac disease, but only about **30%** are properly diagnosed.
- When people with celiac disease eat gluten, it leads to damage in the **small intestine**.

WHAT ARE THE SYMPTOMS?

Celiac disease can be hard to diagnose because it affects people differently. **There are more than 200 symptoms!** Some of the common symptoms include:



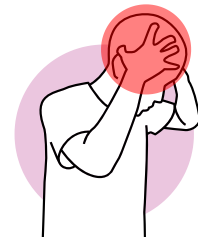
Stomach Pain



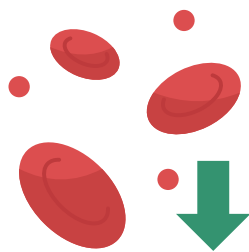
Bloating



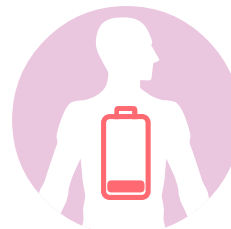
Gas



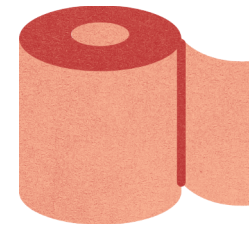
Headaches



Iron Deficiency Anemia




Fatigue



Chronic Diarrhea

What is the treatment for celiac disease?



The only treatment for celiac disease is following a strict gluten-free diet. There is currently **no cure** for celiac disease.

Gluten is found in **wheat, rye, and barley**. Gluten is like a glue that holds some foods together—bread, cookies, and pasta—but it can also be hidden in foods like soy sauce, soups, and seasonings.

If you know someone with celiac disease, it's important to understand the way this serious disease impacts their life.



Learn more at
www.celiac.org