

2024 GLUTEN-FREE HALLOWEEN TREATS LIST



Smarties

All Smarties® candy made by Smarties Candy Company is gluten-free and safe for those with celiac disease. There are some products within the Smarties brand that are not manufactured by Smarties Candy Company, so always check ingredients. If the UPC starts with "0 11206," it's safe and from a gluten-free facility.

Jelly Belly

According to Jelly Belly, all of their jelly beans are gluten-free and made without wheat, rye, barley, or oats. The modified food starch used is cornstarch.

NOTE: Occasionally products are repackaged by other companies, which would be noted on the packaging. If repackaged by another company, check with the repackaging company for allergen risks. Licensed products made by other companies may contain allergens like peanuts or dairy.

Mars and Wrigley

According to their website: "Each product page has ingredient information. Any ingredient added as part of the recipe, whether it is a source of allergen or not, will appear in the ingredient declaration or listing on the packaging. This ingredient declaration provides the latest and most accurate information."

Snyder's Lance

Gluten-free options include mini pretzels, pretzel sticks, pretzel rods, cinnamon brown sugar and hot buffalo wing pretzel pieces, and honey mustard and onion pretzel sticks.

Surf Sweets

According to their website: "Surf Sweets produces delicious, allergy-friendly treats made with quality organic ingredients. We're dedicated to making mindfully delicious, gluten-free products."

Enjoy Life Foods

According to their website: "Our tasty foods are free from gluten and 14 allergens: wheat, peanuts, tree nuts, dairy, casein, soy, egg, sesame, mustard, lupin, added sulfites, fish, shellfish, and crustaceans."

Gimbal's Fine Candies

According to their website: "Gimbal's candies are peanut-free, tree nut-free, gluten-free, dairy-free, soy-free and egg-free. We are happy to create delicious treats that can be enjoyed by so many people, including those living with food allergies."

The Ginger People

The following **Gin Gins** products are gluten-free: Original Ginger Chews, Spicy, Apple Ginger Chews, Peanut Ginger Chews, Spicy Turmeric Ginger Chews, Double Strength Hard Candy, Super Strength Hard Candy, Ginger Spice Drops, Crystallized Ginger, and Sweet Ginger Gummies.

TRICK OR TREAT – ALWAYS CHECK INGREDIENTS!

Use this guide as a helpful treat, but beware—ingredients can change like a spooky trick! Always check the label and confirm with the manufacturer to avoid surprises.



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Hershey's

According to their website: "According to their website: "In accordance with U.S.

Food and Drug Administration regulations, foods labeled "gluten free" must meet these requirements and contain less than 20 parts per million gluten.

For your convenience, the current products listed below have been fully evaluated and qualify as gluten-free using standards established by the US Food and Drug Administration (FDA)."

Click [here](#) for a list of Hershey's gluten-free products.

Welch's

Welch's® Fruit Snacks, Fruit 'n Yogurt™ Snacks, Fruit Rolls and Welch's® Juicefuls® are gluten-free.

Spangler Candy

Dum-Dums, Saf-T-Pops, Swirl Saf-T-Pops, and Candy Canes do not contain the gluten protein found in wheat, barley, or rye. Spangler products are also free from major food allergens—milk, eggs, peanuts, tree nuts, soy, wheat, fish, and shellfish .

Schär

All Schär products are produced in dedicated gluten-free facilities. Some of their delicious treats include Twin Bars, Pretzels, Muffins, and Soft Baked Cookies. Other allergens vary by product, so check labels for product-specific information.

Tootsie Roll

According to their website: "At this time, all of our confections are gluten-free. We do not use wheat, barley, rye, oats, triticale, spelt or any of their components and that includes our dusting on our conveyor belts. We do use corn and soy products in the manufacturing of our products."

Just Born

According to the company's website: "We offer many gluten-free products under the MIKE AND IKE®, HOT TAMALES®, PEEPS®, GOLDENBERG'S® PEANUT CHEWS®, TEENEE BEANEE® and JUST BORN® brands and we are in the process of updating package labels to include gluten-free statements where appropriate. The modified food starch that we use in our candies is corn starch. However, because some of our products may be manufactured and/or packaged in a facility that may also handle non gluten-free products, we encourage consumers to read the labels carefully for the most up-to-date ingredient and allergen information. For further questions, please call our Consumer Relations Team toll-free at 1-888-645-3453."

Ferrara

According to their website "For gluten-free product-specific information, please contact Ferrara Consumer Relations by completing the Contact Us form. Due to changes that may occur in the manufacturing and packaging environments, Ferrara does not provide allergen or gluten-free lists on this site."



Disclaimer: This listing may be used only as a guide as manufacturers may change ingredients and formulas at any time. Consumers should always read the ingredients label and verify any questions with the manufacturer.