

## BOARD OF SUPERVISORS COUNTY OF LOS ANGELES

KENNETH HAHN HALL OF ADMINISTRATION / LOS ANGELES, CALIFORNIA 90012

SHEILA KUEHL SUPERVISOR, THIRD DISTRICT

November 14, 2020

Celiac Disease Foundation 20350 Ventura Blvd #240 Woodland Hills, CA 91364

Dear Friends:

It is my great pleasure to welcome you all to the Celiac Disease Foundation's 2020 Virtual Turkey Trot.

Celiac disease is a genetic autoimmune disease that affects an estimated 3 million Americans though only 20% have actually been diagnosed. When someone with celiac disease ingests gluten, it triggers an immune reaction which damages the intestines and has the potential to trigger a range of 200 or more symptoms. Additionally, celiac disease does not have a cure and can lead to serious extra-intestinal health issues like heart disease and cancer.

This limited knowledge has led the Celiac Disease Foundation (CDF) and their dedicated volunteers across the United States to advocate for more research and education to help better the lives of millions of people. My thanks to you all.

That is why I want to encourage people from across the local communities of my district from Venice to Sylmar, Agoura Hills to West Hollywood, to Los Angeles in general and beyond, to show their support by registering to participate in the 2020 Virtual Turkey Trot!

I send my very best for a fun, successful, and enjoyable event!

Sincerely,

Sheila Kuehl Supervisor, Third District