

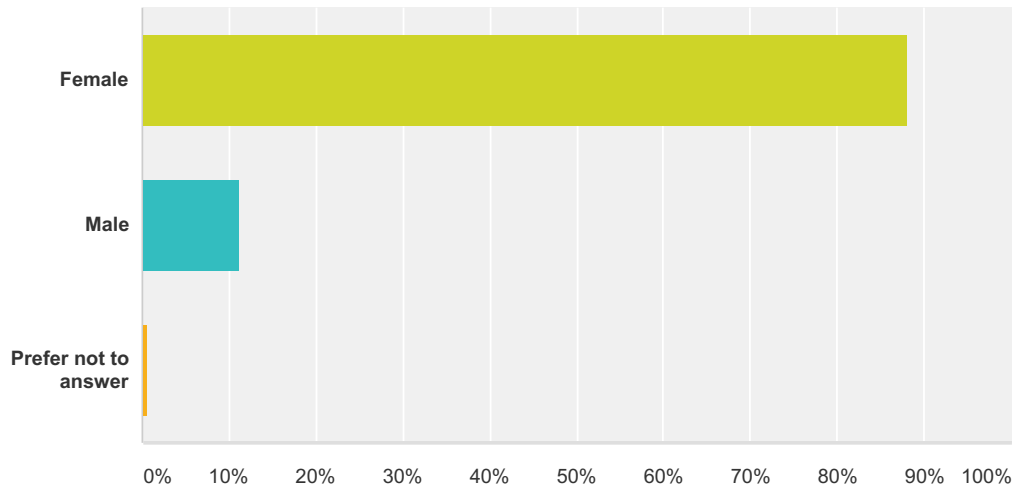
Q1 Please provide your contact information.

Answered: 1,014 Skipped: 0

Answer Choices	Responses
Name:	100.00% 1,014
Company:	0.00% 0
Address:	0.00% 0
Address 2:	0.00% 0
City/Town:	0.00% 0
State:	0.00% 0
ZIP:	100.00% 1,014
Country:	0.00% 0
Email Address:	100.00% 1,014
Phone Number:	0.00% 0

Q2 What is your gender?

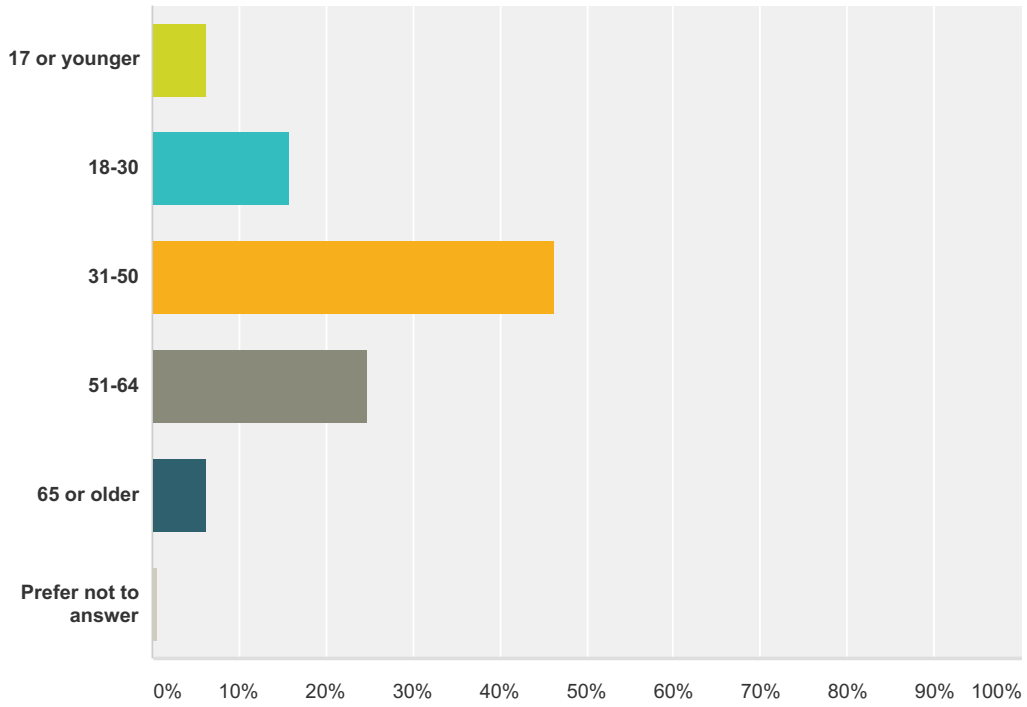
Answered: 1,014 Skipped: 0



Answer Choices	Responses	
Female	88.17%	894
Male	11.24%	114
Prefer not to answer	0.59%	6
Total		1,014

Q3 In what category is your age?

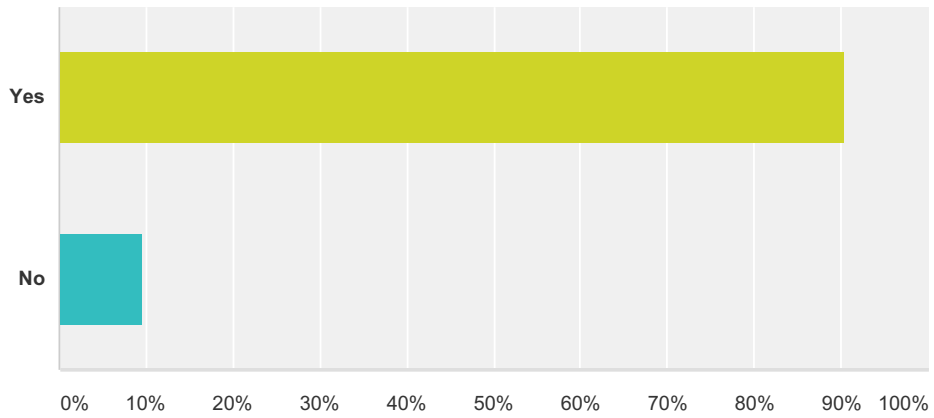
Answered: 1,014 Skipped: 0



Answer Choices	Responses	Count
17 or younger	6.21%	63
18-30	15.88%	161
31-50	46.25%	469
51-64	24.85%	252
65 or older	6.21%	63
Prefer not to answer	0.59%	6
Total		1,014

Q4 Have you received a diagnosis of celiac disease from a healthcare provider?

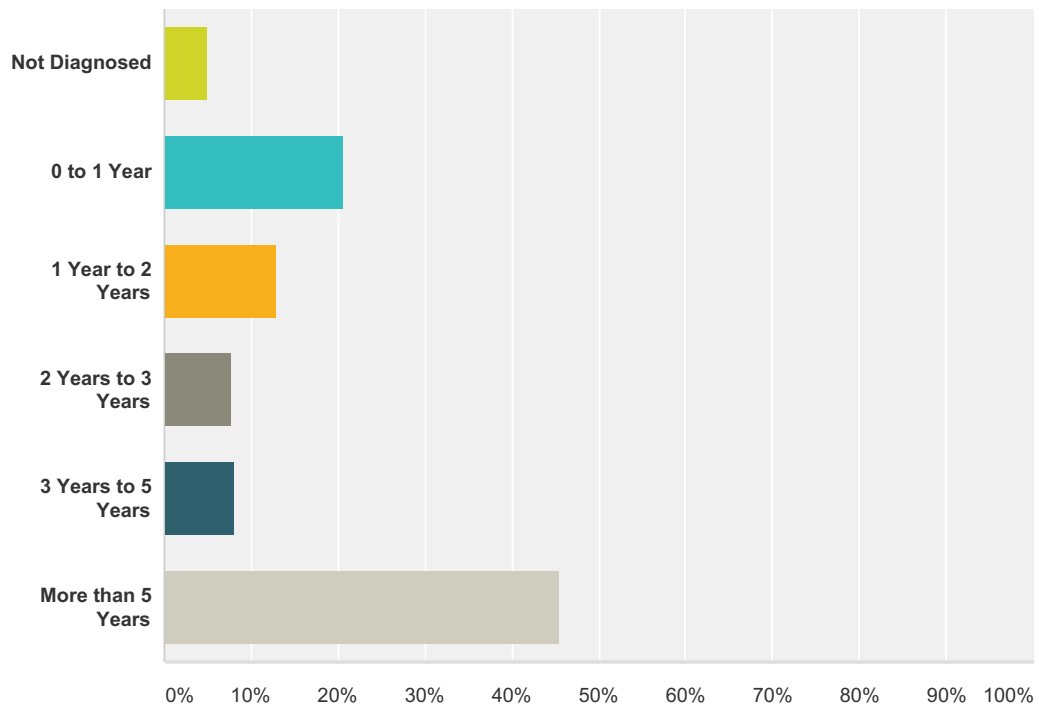
Answered: 1,014 Skipped: 0



Answer Choices	Responses
Yes	90.34% 916
No	9.66% 98
Total	1,014

Q5 How long did it take from your first symptoms to receive a diagnosis?

Answered: 1,014 Skipped: 0



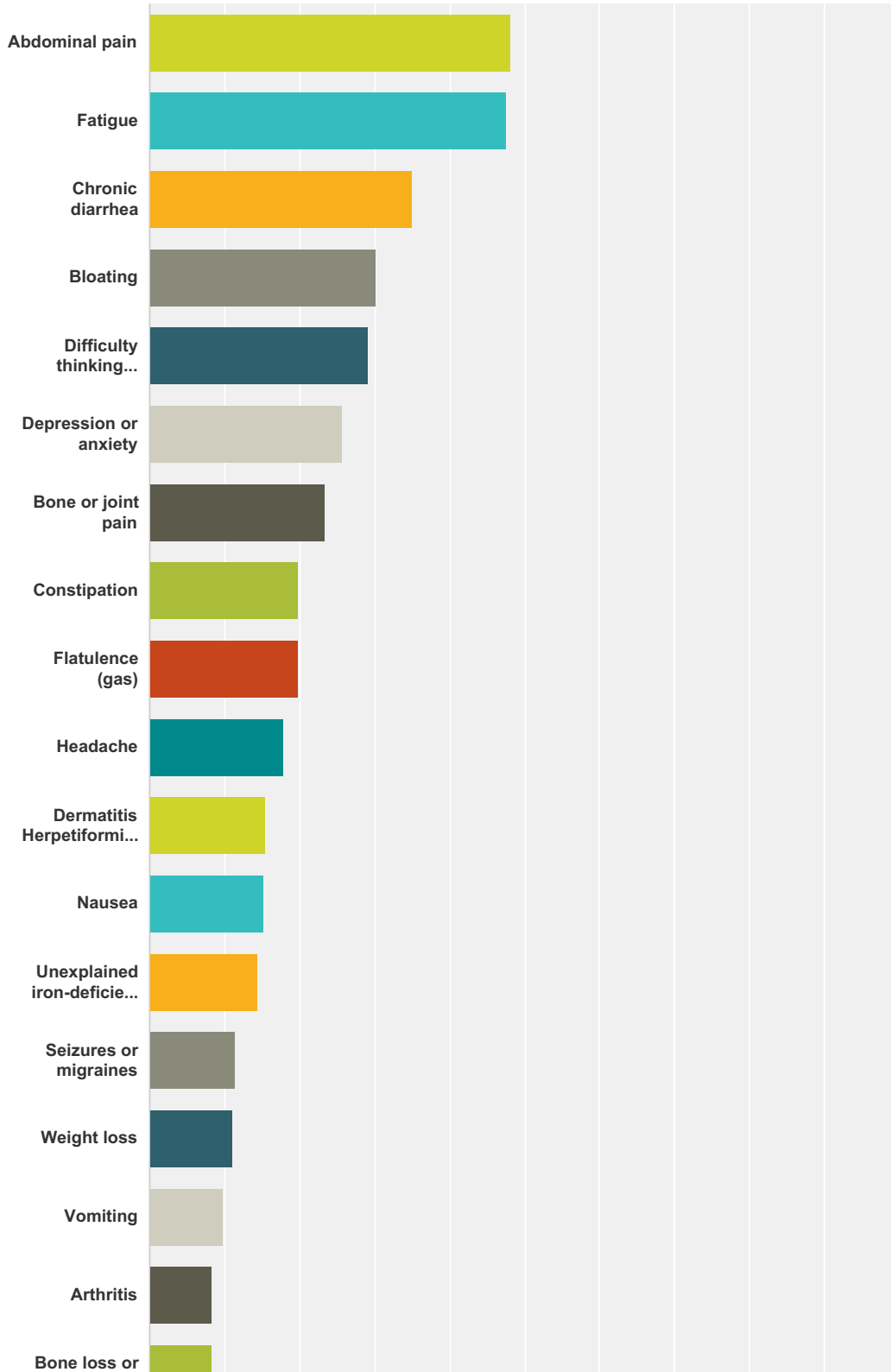
Answer Choices	Responses
Not Diagnosed	5.03% 51
0 to 1 Year	20.61% 209
1 Year to 2 Years	13.02% 132
2 Years to 3 Years	7.79% 79
3 Years to 5 Years	8.09% 82
More than 5 Years	45.46% 461
Total	1,014

Q6 What year were you diagnosed?

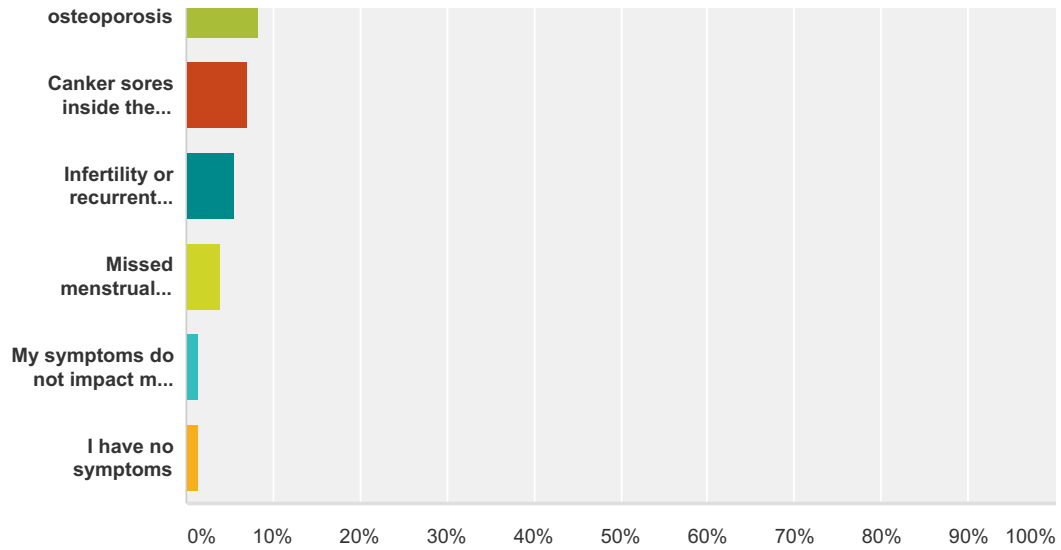
Answered: 945 Skipped: 69

Q7 Of all the symptoms that you experience because of celiac disease, which 1-3 symptoms have the most significant impact on your life?

Answered: 1,014 Skipped: 0



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Answer Choices	Responses	Count
Abdominal pain	48.32%	490
Fatigue	47.53%	482
Chronic diarrhea	35.11%	356
Bloating	30.37%	308
Difficulty thinking clearly (brain fog)	29.29%	297
Depression or anxiety	25.74%	261
Bone or joint pain	23.47%	238
Constipation	19.92%	202
Flatulence (gas)	19.92%	202
Headache	17.95%	182
Dermatitis Herpetiformis or skin rash	15.48%	157
Nausea	15.29%	155
Unexplained iron-deficiency anemia	14.40%	146
Seizures or migraines	11.54%	117
Weight loss	11.05%	112
Vomiting	9.86%	100
Arthritis	8.38%	85
Bone loss or osteoporosis	8.28%	84
Canker sores inside the mouth	7.20%	73
Infertility or recurrent miscarriage	5.62%	57

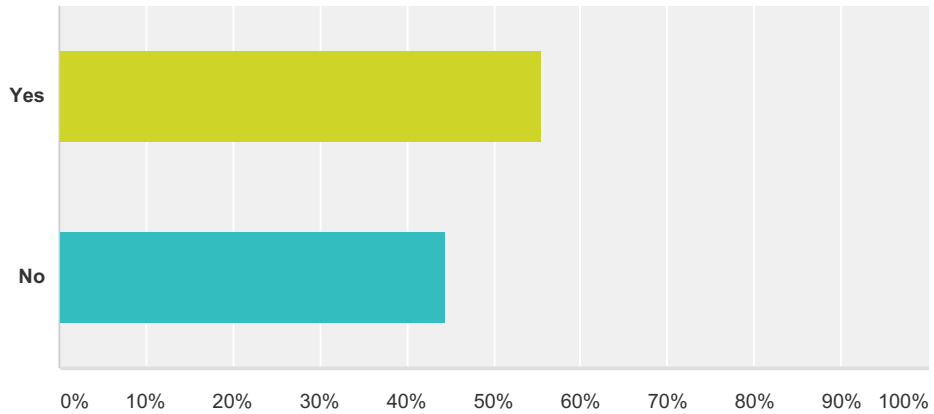
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SurveyMonkey

Missed menstrual periods	3.94%	40
My symptoms do not impact my life	1.48%	15
I have no symptoms	1.48%	15
Total Respondents: 1,014		

Q8 Are there specific activities that are important to you but that you cannot do at all or as fully as you would like because of celiac disease? If so, please list them in the comments section.

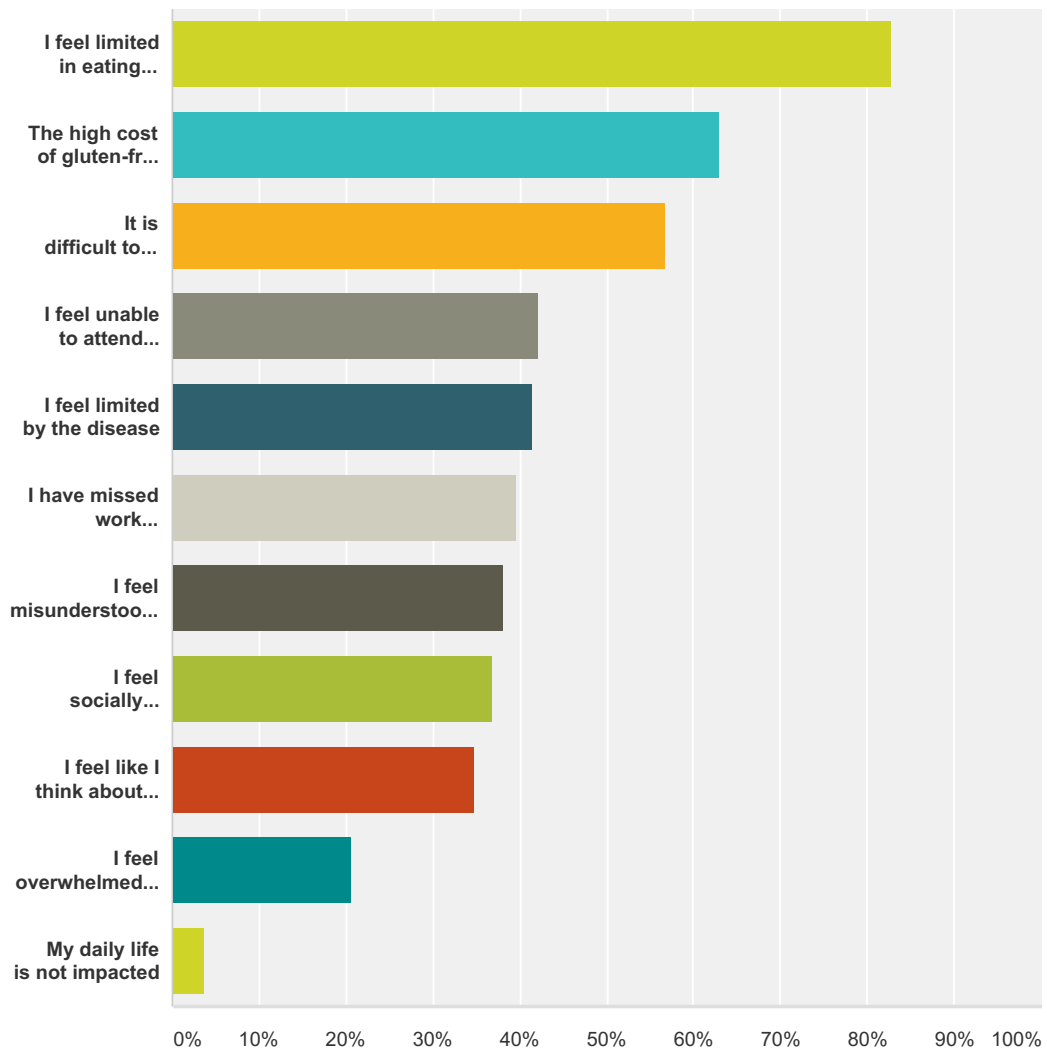
Answered: 1,014 Skipped: 0



Answer Choices	Responses
Yes	55.62% 564
No	44.38% 450
Total	1,014

Q9 How do your symptoms and their negative impacts affect your daily life?

Answered: 1,014 Skipped: 0



Answer Choices	Responses
I feel limited in eating outside of my home	82.94% 841
The high cost of gluten-free foods is a financial burden in my life	63.02% 639
It is difficult to travel/take long trips because of celiac disease	56.80% 576
I feel unable to attend social gatherings with friends and family	42.21% 428
I feel limited by the disease	41.62% 422
I have missed work days/school days due to illness from eating gluten	39.64% 402
I feel misunderstood by my friends/family/significant other	38.17% 387
I feel socially stigmatized for having the disease	36.88% 374

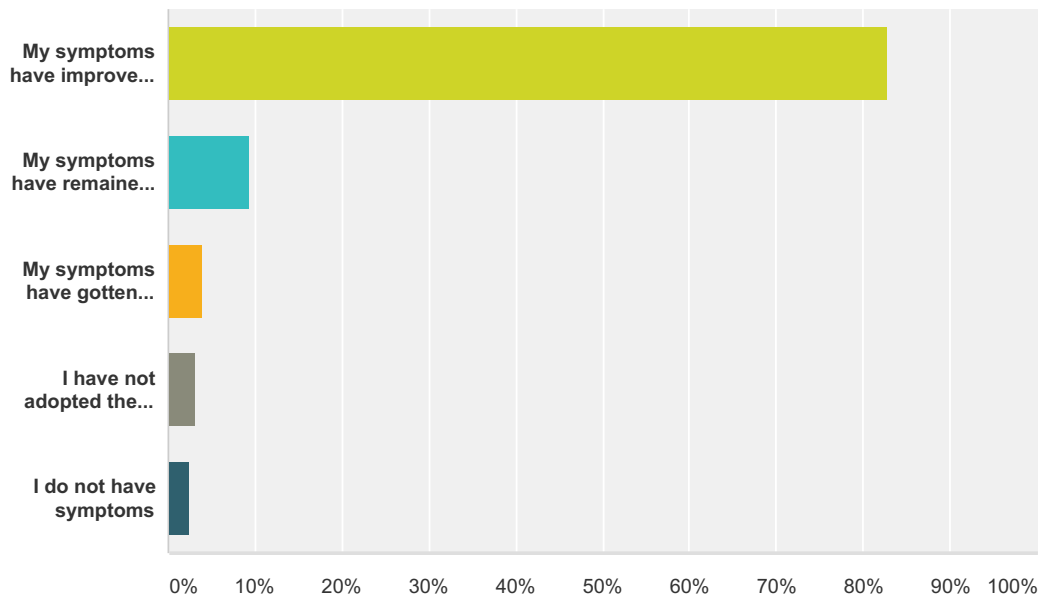
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SurveyMonkey

I feel like I think about food all the time	34.81%	353
I feel overwhelmed about having celiac disease	20.61%	209
My daily life is not impacted	3.75%	38
Total Respondents: 1,014		

Q10 How have your symptoms changed over time?

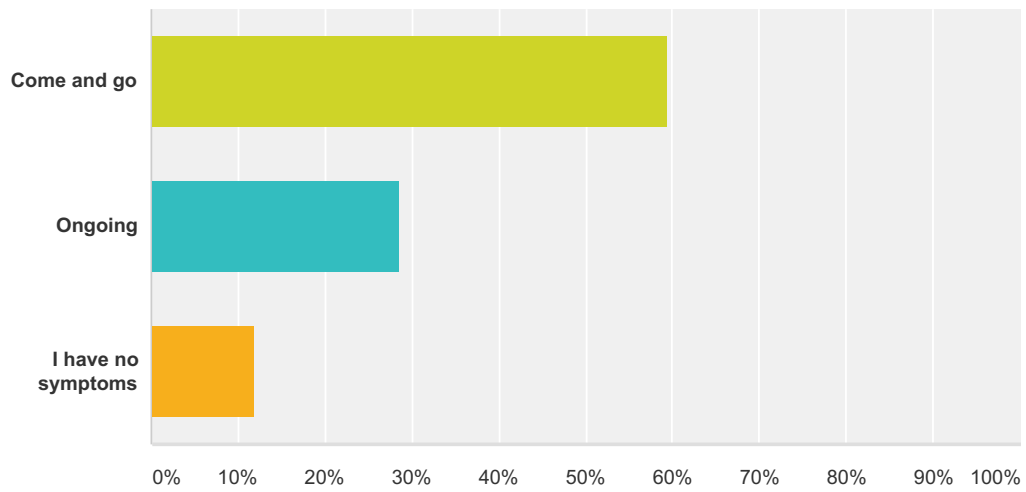
Answered: 1,014 Skipped: 0



Answer Choices	Responses
My symptoms have improved on the gluten-free diet	82.84% 840
My symptoms have remained the same since I adopted a gluten-free diet	9.37% 95
My symptoms have gotten worse since adopting the gluten-free diet	3.94% 40
I have not adopted the gluten-free diet to treat my symptoms	3.06% 31
I do not have symptoms	2.47% 25
Total Respondents: 1,014	

Q11 Do your symptoms come and go or are they ongoing?

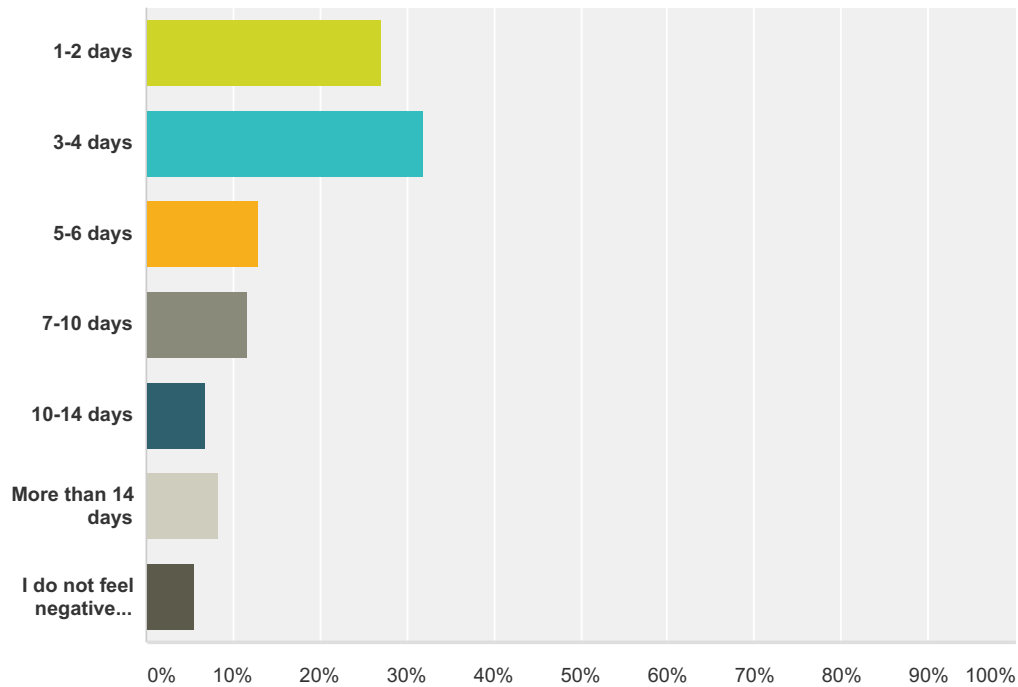
Answered: 1,014 Skipped: 0



Answer Choices	Responses
Come and go	59.57% 604
Ongoing	28.50% 289
I have no symptoms	11.93% 121
Total	1,014

Q12 For how long do you feel negative symptoms if you've been exposed to gluten?

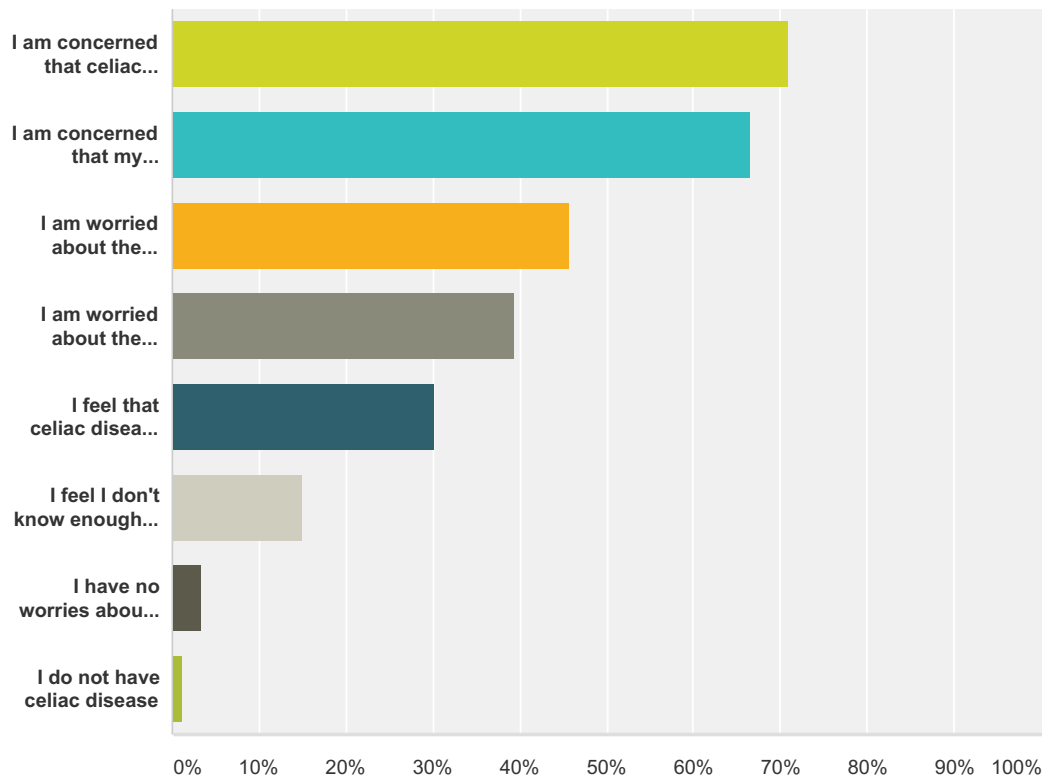
Answered: 1,014 Skipped: 0



Answer Choices	Responses
1-2 days	27.12% 275
3-4 days	31.95% 324
5-6 days	12.92% 131
7-10 days	11.74% 119
10-14 days	6.80% 69
More than 14 days	8.38% 85
I do not feel negative symptoms	5.62% 57
Total Respondents: 1,014	

Q13 What worries you most about having celiac disease?

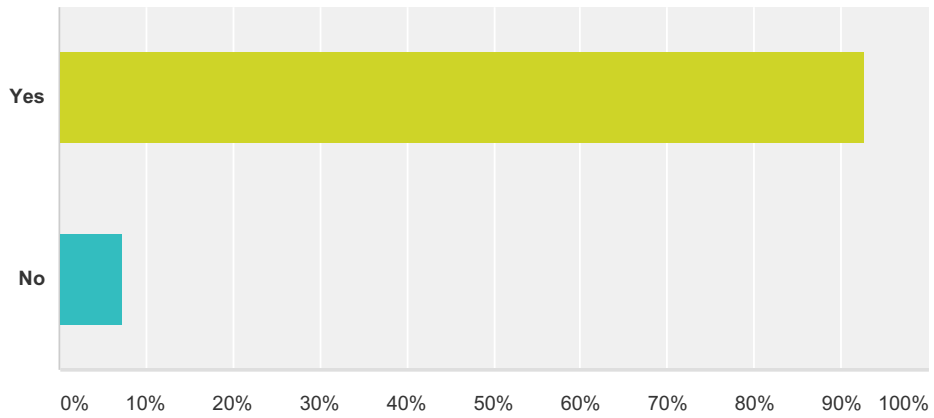
Answered: 1,014 Skipped: 0



Answer Choices	Responses
I am concerned that celiac disease will cause other health problems	70.91% 719
I am concerned that my long-term health will be affected by celiac disease	66.57% 675
I am worried about the increased risk of cancer	45.66% 463
I am worried about the increased risk of a family member having celiac disease	39.55% 401
I feel that celiac disease is incurable	30.37% 308
I feel I don't know enough about celiac disease	14.99% 152
I have no worries about having celiac disease	3.35% 34
I do not have celiac disease	1.18% 12
Total Respondents: 1,014	

Q14 Have you adopted a strict gluten-free diet?

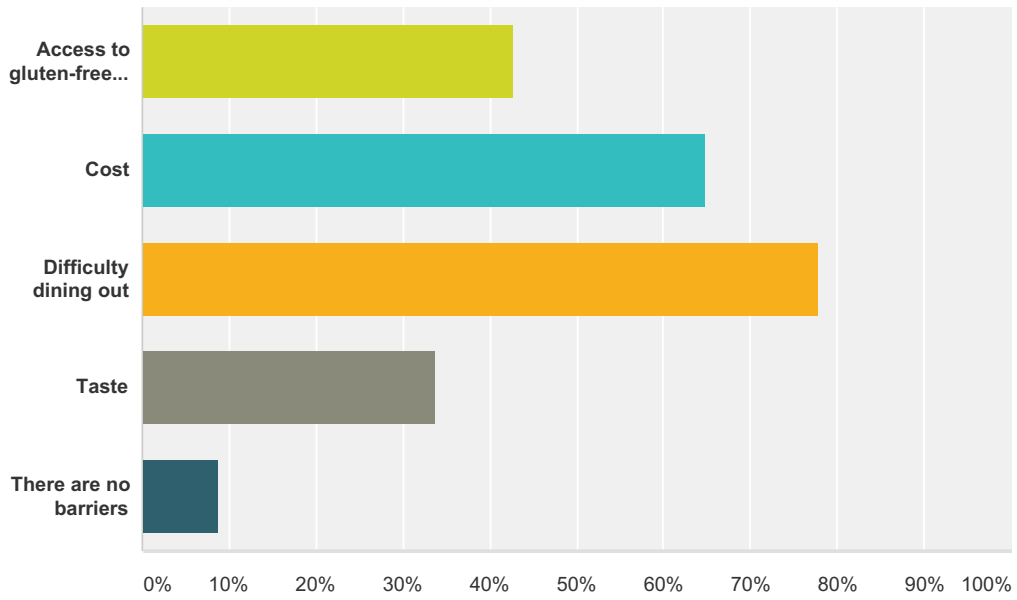
Answered: 1,014 Skipped: 0



Answer Choices	Responses
Yes	92.70% 940
No	7.30% 74
Total	1,014

Q15 What are the barriers to adopting a strict gluten-free diet?

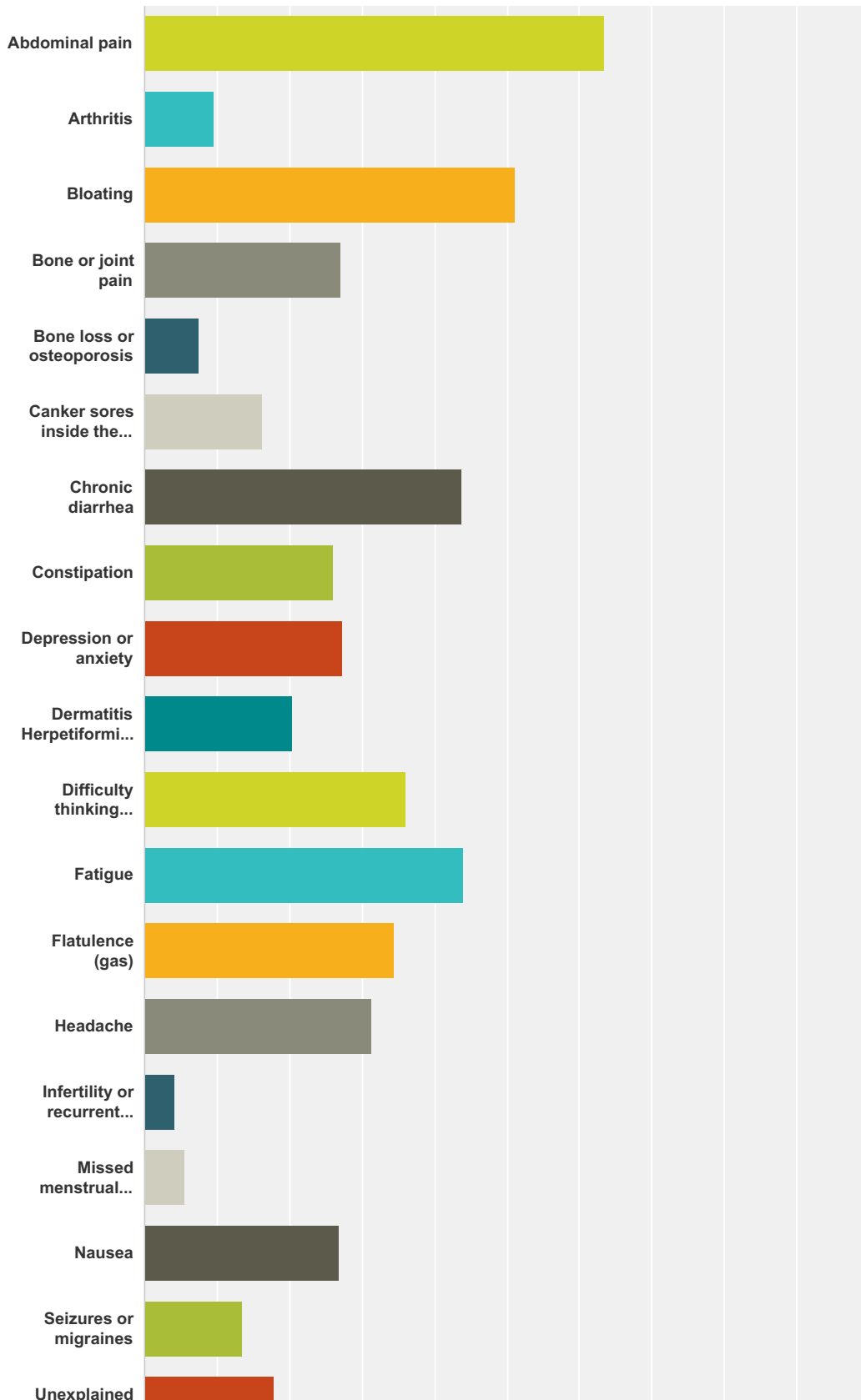
Answered: 1,014 Skipped: 0



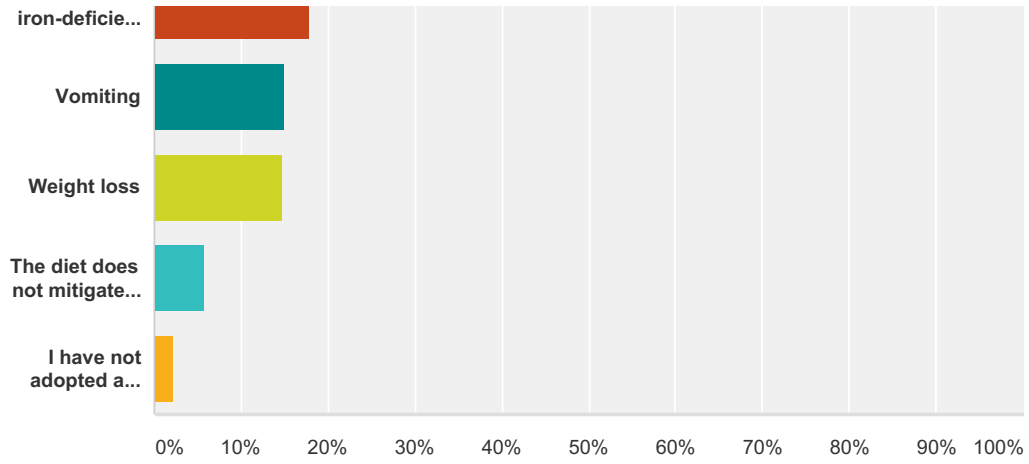
Answer Choices	Responses
Access to gluten-free foods	42.90% 435
Cost	64.99% 659
Difficulty dining out	77.81% 789
Taste	33.83% 343
There are no barriers	8.78% 89
Total Respondents: 1,014	

Q16 What specific symptoms does the gluten-free diet mitigate for you?

Answered: 1,014 Skipped: 0



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Answer Choices	Responses	
Abdominal pain	63.41%	643
Arthritis	9.66%	98
Bloating	51.18%	519
Bone or joint pain	27.12%	275
Bone loss or osteoporosis	7.50%	76
Canker sores inside the mouth	16.37%	166
Chronic diarrhea	43.79%	444
Constipation	26.13%	265
Depression or anxiety	27.42%	278
Dermatitis Herpetiformis or skin rash	20.51%	208
Difficulty thinking clearly (brain fog)	36.09%	366
Fatigue	44.08%	447
Flatulence (gas)	34.52%	350
Headache	31.26%	317
Infertility or recurrent miscarriage	4.14%	42
Missed menstrual periods	5.62%	57
Nausea	27.02%	274
Seizures or migraines	13.51%	137
Unexplained iron-deficiency anemia	17.95%	182
Vomiting	14.99%	152
Weight loss	14.79%	150
The diet does not mitigate any of my symptoms	5.82%	59

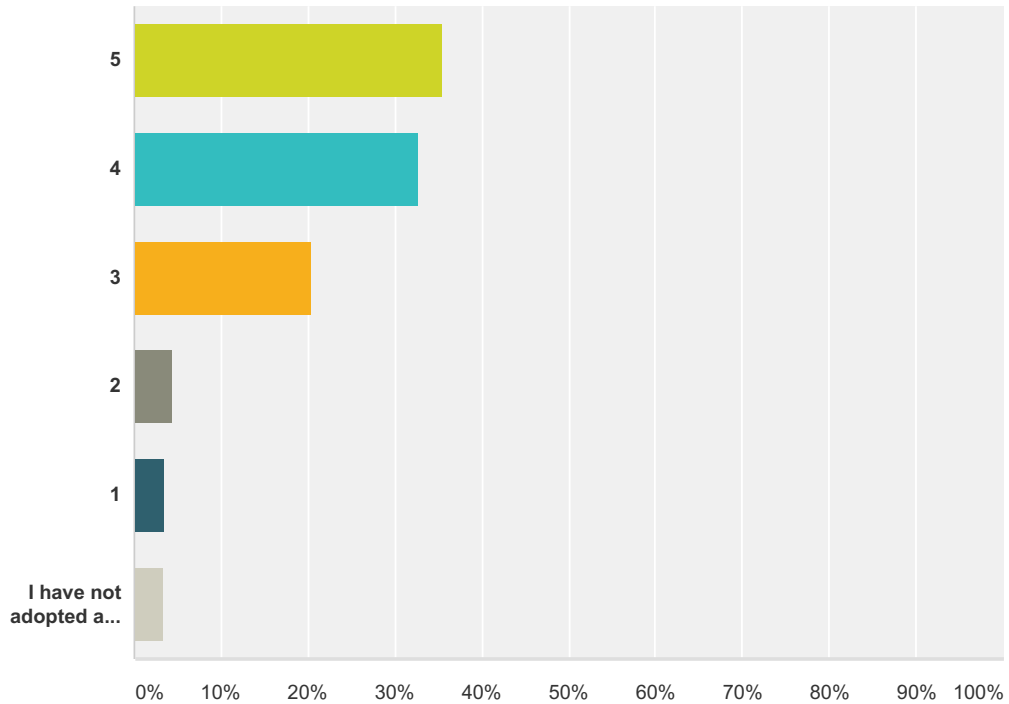
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SurveyMonkey

I have not adopted a gluten-free diet	2.27%	23
Total Respondents: 1,014		

Q17 On a scale from 1-5, with 1 being not well and 5 being very well, how well does the gluten-free diet treat your most significant symptoms?

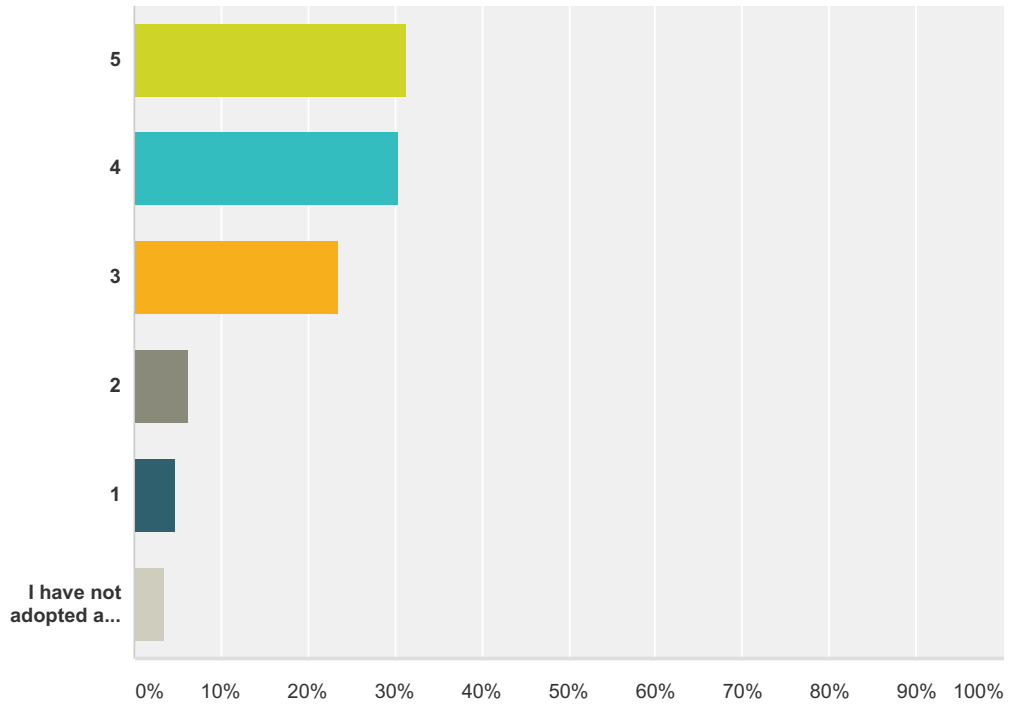
Answered: 1,014 Skipped: 0



Answer Choices	Responses	Count
5	35.40%	359
4	32.84%	333
3	20.41%	207
2	4.34%	44
1	3.65%	37
I have not adopted a gluten-free diet	3.35%	34
Total		1,014

Q18 On a scale from 1-5, with 1 being not well and 5 being very well, how well does the gluten-free diet improve your ability to do specific activities that are important to you in your daily life?

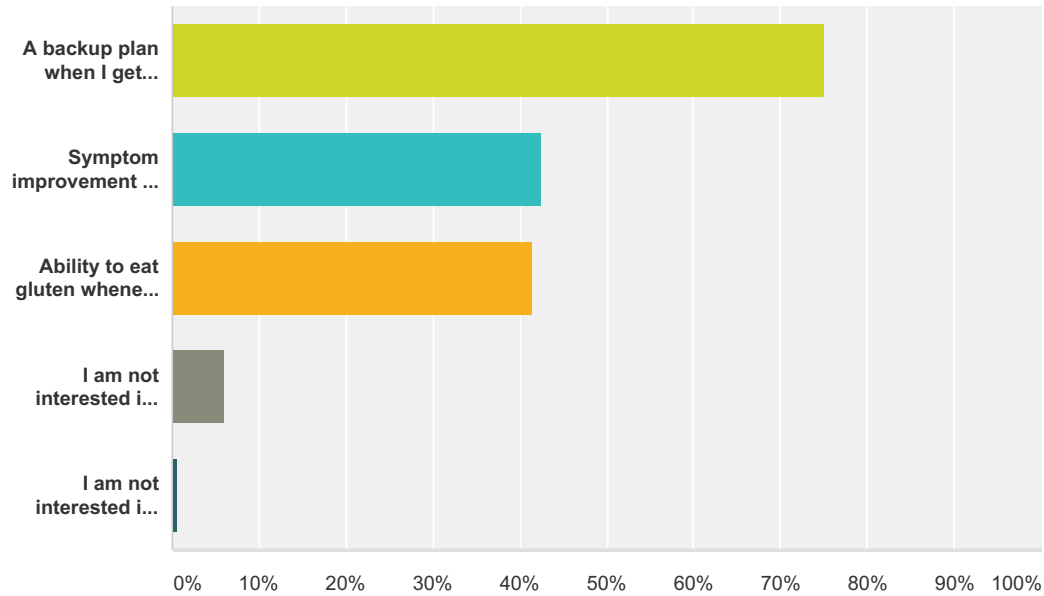
Answered: 1,014 Skipped: 0



Answer Choices	Responses	
5	31.36%	318
4	30.57%	310
3	23.67%	240
2	6.21%	63
1	4.73%	48
I have not adopted a gluten-free diet	3.45%	35
Total		1,014

Q19 Assuming there is no complete cure for celiac disease, what specific things would you look for in an ideal treatment for your condition?

Answered: 1,014 Skipped: 0



Answer Choices	Responses
A backup plan when I get exposed to gluten accidentally to mitigate symptoms	75.15% 762
Symptom improvement for my ongoing symptoms that haven't improved on the gluten-free diet	42.50% 431
Ability to eat gluten whenever I wanted without symptoms	41.52% 421
I am not interested in a treatment for celiac disease other than a strict gluten-free diet	6.02% 61
I am not interested in a treatment for celiac disease	0.59% 6
Total Respondents: 1,014	