

Date: October 04, 2010

UCSD Offers Free Public Lecture on Celiac and Gluten

Brief calendar listing: "Celiac Disease and Gluten: Facts, Fiction & Controversies", a free community lecture by experts from UC San Diego's William K. Warren Medical Research Center for Celiac Disease, will be held from 7:00 to 8:30 p.m. on Tuesday, November 2, at the UCSD Health Sciences Education Center, lower level, Pharmaceutical Sciences Building, UCSD La Jolla campus. Registration and information: (858) 822-1022 or http://celiaccenter.ucsd.edu

Experts Available:

What: Free Lecture: "Celiac Disease and Gluten: Facts, Fiction & Controversies" *

Experts from the William K. Warren Medical Research Center for Celiac Disease at UC San Diego will discuss celiac disease, along with common misconceptions, misinformation and controversies related to celiac disease in a free community lecture.

*There is a fee to park on campus.

Why: Celiac disease is an inflammatory autoimmune condition of the small intestine triggered by the consumption of gluten, a dietary protein found in wheat, rye, and barley. It affects all age groups from infancy to adulthood. Celiac disease occurs in approximately 1 in 100 people in the United States, yet it is estimated that 85% of the U.S. population with the disease remain undiagnosed. There has been a growing interest in Celiac Disease and the gluten-free diet, and with that interest has come an abundance of conflicting information that is often difficult to accurately assess. Topics to be covered include symptoms and testing, and management of the disease through a gluten-free diet. Following the lecture, a roundtable question and answer period will be held.

Who: Speakers:

Martin F. Kagnoff, MD

Director, Wm. K. Warren Celiac Center

Kimberly P. Newton, MD Pediatric Gastroenterologist Director, Pediatric Celiac Disease Clinic at Rady Children's Hospital-San Diego

Shawna L. McNally, MPH, RD Nutritionist, Wm. K. Warren Celiac Center

When: Tuesday, November 2, 2010, 7:00 to 8:30 p.m.

Where: Health Sciences Education Center Lower level, Pharmaceutical Sciences Building, UC San Diego La Jolla Campus

To register, and for additional information: (858) 822-1022 or http://celiaccenter.ucsd.edu