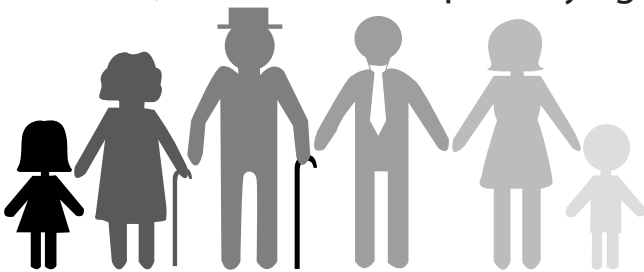


Celiac Disease Fast Facts

Celiac Disease

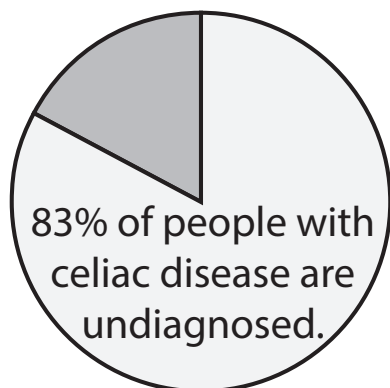
An autoimmune disorder where the ingestion of gluten leads to the body mounting an immune response that attacks the small intestine. When the intestine is damaged, nutrients cannot be absorbed properly into the body.

Celiac disease can affect all genders, ages and races, and can develop at any age.



Treatment

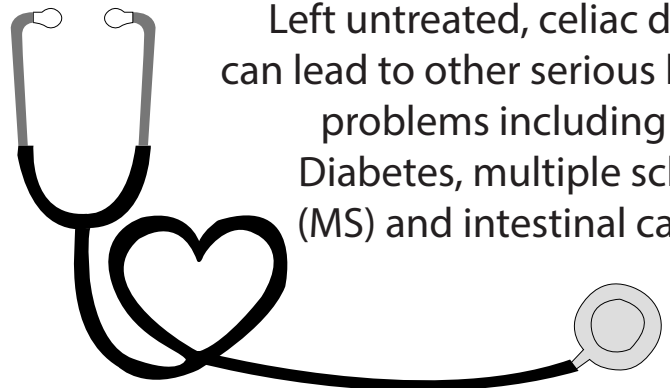
There is no cure or medication. The only treatment is a lifelong adherence to a strict gluten-free diet. Ingesting small amounts of gluten, even crumbs, can trigger intestinal damage.



Gluten

A protein found in wheat, barley and rye that acts as a glue to hold food together.

Left untreated, celiac disease can lead to other serious health problems including Type I Diabetes, multiple sclerosis (MS) and intestinal cancers.



FDA Standard

According to the FDA a food is considered gluten-free if it contains less than 20 parts per million of gluten.