

CONSIDER CELIAC. REQUEST THE TEST.



The *Consider Celiac - Request the Test* campaign is seeking to educate both doctors and patients to request the simple blood test for celiac disease when attempting to diagnosis chronic intestinal disorders.

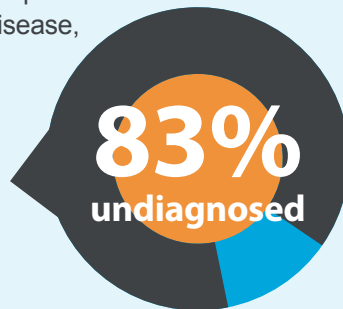
What is celiac disease?

Celiac disease is a lifelong, inherited autoimmune disorder that impacts children and adults. When individuals with celiac disease eat foods containing gluten (proteins found in ALL forms of wheat, rye, barley and their derivatives), an immune reaction is triggered in the small intestine that does not allow nutrients to be absorbed.

Why “Consider Celiac – Request the Test?”

Left untreated celiac disease can lead to the development of other conditions such as anemia, osteoporosis, infertility, epilepsy, lymphoma and intestinal cancers. 1 out of 100 Americans are living with celiac disease, yet 83% of them do not know it.

3,000,000
Americans living with celiac disease

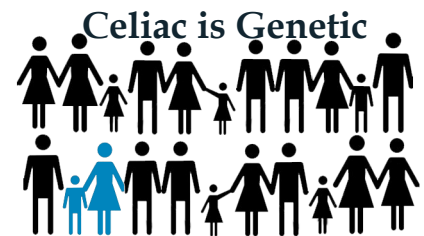


What are the symptoms of celiac disease?

Classic symptoms may include:

- abdominal cramping
- intestinal gas
- osteoporosis
- diarrhea
- constipation
- fatty stools
- anemia
- infertility
- unexplained weight loss or weight gain

For a complete list of symptoms and possible long-term conditions, visit celiac.org.



First degree relatives of someone diagnosed have a 1 in 22 chance of developing celiac disease in their lifetimes

About Celiac Disease Foundation (CDF)

CDF is a national, non-profit organization dedicated to driving diagnosis of celiac disease and other gluten-related disorders through advocacy, education and advancing research. CDF's evidence-based, life-changing work is made possible by the generosity of thousands of concerned individuals like you who want to improve the lives of the millions who suffer. CDF Team gluten-free™ is the grassroots fundraising arm of Celiac Disease Foundation. Each year, hundreds of CDF Team gluten-free™ members turn their passions and interests into unique fundraising events and athletic achievements. CDF is a registered 501(c)(3) non-profit organization. Your contribution is tax deductible to the full extent allowed by law.



For more information or to make your tax-deductible donation, visit celiac.org